

MJHS CROSS COUNTRY ATHLETICS



GENERAL INFORMATION - 2026-2027

- Prior to first practice, athletes **must turn in a sports physical to the main office and be registered online** through the MJHS Snap! site.
- **District activity fee must be paid by the first meet.**
- Uniforms will be provided by school.
- Home meets & practices will be held at Kennel Lake.
- Practices will be M-F after school; exact schedules will be given once practices begin.
- Practices prior to the first day of school will be M-TH 6:00-7:30 pm.
- Practices are daily after school from 3:00-4:45.
- A bus will transport athletes to practices (if needed) and meets once school begins.
- A parent meeting will be held shortly after practices start.

MANDATORY PRACTICES

DATES: AUGUST 3-6

TIME: 6:00-7:30 PM

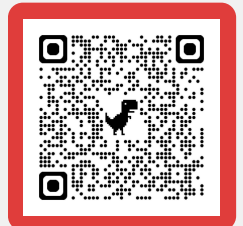
KENNEL LAKE

EQUIPMENT: RUNNING
SHOES, ATHLETIC
SHORTS AND SHIRT,
WATER BOTTLE

REGISTRATION

All athletes **must be registered** online:
manage.snap.app/register/mortonjhs

Please be sure to register for the MJHS Snap!
site using the link above or QR code to the right.



Meet schedule also available at this site.

COACHES

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