



# September Morton Elementary Lunch



Elem Lunch \$ 2.80

Milk .60¢

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			*Bacon Cheeseburger Baked Fries Broccoli Salad Fruit of the Day	Walking Taco Nachos Seasoned Black Beans Zesty Salsa Fruit of the Day
5	6	7	8	9
No School	Homemade Cheese Quesadilla-V Fiesta Beans Broccoli Florets Fruit of the Day	Creamy Chicken Alfredo Garlic Bread Seasoned Green Beans Sliced Cucumbers Fruit of the Day	Yang's Orange Chicken Brown Rice Stir Fry Veggies Garlic Lime Edamame Fruit of the Day	Pepperoni Pizza Garlic Roasted Carrots Leafy Green Salad Fruit of the Day
12	13	14	15	16
Crispy Chicken w/ Biscuit Steamed Carrots Celery Sticks Fruit of the Day	Chicago Style All Beef Hot Dog Vegetarian Beans Broccoli Florets Fruit of the Day	*Grilled Chicken Bacon Melt Spiral Fries Grape Tomatoes Fruit of the Day	Pasta w/ Meat Sauce Garlic Bread Seasoned Green Beans Leafy Green Salad Fruit of the Day	Half Day
19	20	21	22	23
Corn Dogs Garlic Roasted Carrots Fresh Made Coleslaw Fruit of the Day	French Toast Sticks w/ Sausage Hash Browns Celery Sticks Fruit of the Day	Pizza Dippers w/ Marinara Sauce Mixed Vegetables Leafy Green Salad Fruit of the Day	Fajita Chicken Quesadilla Seasoned Black Beans Baby Carrots Fruit of the Day	Baked Potato w/ Chili Soft Pretzel Steamed Broccoli Sliced Cucumbers Fruit of the Day
26	27	28	29	30
Yang's Orange Chicken w/ Brown Rice Seasoned Green Beans Baby Carrots Fruit of the Day	Beef Soft Tacos Fiesta Beans Sliced Bell Peppers Fruit of the Day	Homemade Mac & Cheese-V Soft Pretzel Rod Steamed Broccoli Grape Tomatoes Fruit of the Day	Chipotle Chicken Nachos Sweet Corn Black Beans Fruit of the Day	Italian Meatball Sub Smiley Fries Leafy Green Salad Fruit of the Day

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!

This institution is an equal opportunity employer.

\*Contains or may contain pork  
V= Vegetarian

**Included with Every Meal**  
**Fruit and Vegetable**  
**Choice of Milk**

## Daily Options

Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad w/ Roll

Monday-Juicy Cheeseburger  
Tuesday-Crispy Chicken Nuggets w/ Goldfish

Wednesday-Mini Corn Dogs  
Thursday-Crispy Chicken Sandwich  
Friday-Cheese Pizza

## Now Hiring For Food Service Positions

Contact Brooke Snell at  
309-284-6320

## Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

**Make Choices for a Healthy Lifestyle!**



For more information or to "Ask the Dietitian", check out our website!