

## December Morton Elementary Lunch Facebook



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	Monday	Tuesday	Wednesday	Thursday	Friday
			1 Early Dismissal	2	3
X				Homemade Cheese Quesadilla Vegetable of the Day Fruit of the Day	Yang's Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day
	6	7	8	9	10
AND DAY	Crispy Chicken Tenders Dinner Roll Vegetable of the Day Fruit of the Day	Sloppy Joe Scoops Vegetable of the Day Fruit of the Day	Cheese Ravioli –V Garlic Bread Vegetable of the Day Fruit of the Day	*Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	Italian Meatball Sub Vegetable of the Day Fruit of the Day
2	13	14	15	16	17
	Mini Corn Dogs Vegetable of the Day Fruit of the Day	Fajita Chicken Quesadilla Vegetable of the Day Fruit of the Day	Pizza Dipper w/Marinara Sauce Vegetable of the Day Fruit of the Day	Savory Salisbury Steak Whole Grain Biscuit Vegetable of the Day Fruit of the Day	*BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day
	20	21 Half Day	22	23	24
とはいい	Chicken Parmesan Sandwich Vegetable of the Day Fruit of the Day	No Lunch Served	No School	No School	No School
	27	28	29	30	31
	No School	No School	No School	No School	No School
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Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer. \*Contains or may contain pork V= Vegetarian

**Included with Every Meal** 

Fruit and Vegetable **Choice of Milk** 

## FREE **MEALS** To All Enrolled Students

**Daily Options Monday-Juicy Cheeseburger** 

**Tuesday-Cheesy Beef Nachos** 

Wednesday-Crispy Chicken Sand-

**Thursday-Crispy Chicken Nuggets** 

w/ Dinner Roll

**Friday-Cheese Pizza** 

Now Hiring For **Food Service Positions** 

Contact Kristina Klein at

309-284-6320

## **Arbor A+ Nutrition Mission** To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!





"Ask the Dietitian",