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Monday	Tuesday	Wednesday	Thursday	Friday	And the second sec
3 Breakfast for Lunch	4 Lucky Tray Day	5	6 Birthday Cookie Day	7	Lunch Milk
Chicken Nuggets w/ Belgian Waffle Or *BBQ Rib Sandwich Steamed Broccoli Tiny Tomatoes 100% Fruit Juice	Nacho Supreme w/Taco Meat & Cheese Sauce Or Crispy Chicken Sandwich Refried Beans Zesty Salsa Cinnamon Applesauce	Half Day No Lunch	**Seasoned Chicken Tenders Or Grilled Cheese Sandwich Mashed Potatoes w/Gravy Baby Carrots w/Dip Fresh Red Apple	Pizza Dippers w/Marinara Or Ham & Cheese Sub Garden Peas Sliced Cucumbers Chilled Peaches	\$2.70 Milk is included with Meal Solution Milk is Offered Daily
10 Lucky Tray Day	11 Brownie Bite Day	12 Way Cool Wednesday	13 Breakfast for Lunch	14 Valentine's Day	Questions about the menu?
*Bacon Cheeseburger Or Turkey Pepperoni Pizza Oven Fries Shredded Romaine Orange Wedges	Tajita Chicken E Cheddar Quesadilla Or Hot Diggity Dog BBQ Baked Beans Fresh Pico Salsa Sweet Pears	**Homemade Macaroni & Cheese Or Crispy Chicken Sandwich Garden Peas Tiny Tomatoes Blue Raspberry Slushie	Belgian Waffle w/Scrambled Eggs Or Yogurt & Cheese Fun Meal Potato Smiles Broccoli Buds Blueberries	Cheese Pizza Or **Chili Cheese Fries Golden Corn Baby Carrots w/Dip Juicy Mixed Fruit	Kristina Klein kristina.klein@mcusd709.org 309-284-6320 For more information or to "Ask the Dietitian", check out our website!
17	18 Breakfast for Lunch	19 Cookie Bite Day	20	21 Lucky Tray Day	
No School Presidents' Day	Fluffy Pancakes w/Sausage & Syrup Or Juicy Hamburger Oven Fries Sliced Cucumbers Chilled Peaches	Mini Corny Corn Dogs Or **Chicken Alfredo Bake Romaine Salad w/Dressing Tiny Tomatoes Fresh Red Apple	**Popcorn Chicken Or *BBQ Rib Sandwich Mashed Potatoes w/Gravy Baby Carrots w/Dip 100% Fruit Juice	*Sausage Pizza Or Hot Diggity Dog Seasoned Green Beans Broccoli Buds Blueberries	Arbor Signature Recipe
24	25 Lucky Tray Day	26 Way Cool Wednesday	27 Breakfast for Lunch	28 Brownie Bite Day	Available Daily :
Western BBQ Burger Or Sunbutter and Jelly Sandwich Steamed Broccoli Baby Carrots w/Dip Strawberry Applesauce	Soft Shell Tacos Or Chili Cheese Dog Glazed Carrots Sliced Cucumbers Chilled Peaches	**Cheese Pizza Or **Savory Salisbury Steak Mashed Potatoes W/Gravy Sweet Corn Kiwi Strawberry Slushie	French Toast Sticks w/Sausage & Syrup Or Turkey and Cheese Sub Potato Puffs Tiny Tomatoes 100% Fruit Juice	Pizza Dippers w/Garden Marinara Or Crispy Chicken Sandwich BBQ Baked Beans Broccoli Buds Hot Baked Apples	CRISPY CHICKEN SALAD OR JUMBO CORN DOG () Contains Pork
					(**) Served With Whole Grain Bread Menu changes are occasionally
					necessary. Notice will be given when possible. This institution is an equal opportunity employer.