

## **OCTOBER 2023**

Morton CUSD #709



	Monday	Tuesday	Wednesday	Thursday	Friday
	1. Ham & Cheese Baked Potato w/ Roll 2. Zoo Nuggets w/ Goldfish Crackers 3. Chef Salad w/ Goldfish Crackers	1. Soft Tacos 2. Chicken Hoops w/ Pretzel Rod 3. Ham & Turkey Sub	Early Dismissal	1. Mac 'n' Cheese 2. Popcorn Chicken w/ Pretzel Rod 3. Turkey Cheese Slider	1. Tony's Sausage Pizza 2. Chicken Patty Sandwich 3. Asian Chicken Salad w/ Pretzel Rod
NO POR	NO SCHOOL	1. Cheesy Nachos 2. Chicken Tenders w/ Pretzel Rod 3. Hot Ham & Cheese Flatbread	1. Spaghetti & Meatballs w/ Gar- lic Bread 2. Cheeseburger 3. Strawberry Chicken Salad w/ Pretzel Rod	1. Hot Dog on Bun 2. Popcorn Chicken w/ Pretzel Rod 3. Crunchy Hawaiian Chicken Wrap	Early Dismissal
9 2 F	1. French Toast Sticks & Cheesy Scrambled Eggs 2. Chicken Nuggets w/ Pretzel Rod 3. Spinach, Apple, Chicken Salad w/ Pretzel Rod	1. Fish Tacos 2. Chicken Fries w/ Pretzel Rod 3. Chicken Salad Sandwich	1. BBQ Riblet Sandwich 2. Bacon Cheeseburger 3. Popcorn Chicken Salad w/ Pretzel Rod	1. Country Fried Steak w/ Country Gravy & Roll 2. Popcorn Chicken w/ Pretzel Rod 3. Uncrustable	1. Tony's Cheese Pizza 2. Chicken Patty Sandwich 3. Cranberry Chicken Salad w/ Pretzel Rod
	23)  1. Orange Chicken w/ Rice  2. Zoo Nuggets w/ Goldfish  Crackers  3. Chef Salad w/ Goldfish  Crackers	1. Fiesta Wrap w/ Tostitos 2. Chicken Hoops w/ Pretzel Rod 3. Ham & Turkey Sub	1. Chicken Mashed Potato Bowl w/ Roll 2. Cheeseburger 3. Crispy Chicken Salad w/ Pretzel Rod	1. Grilled Cheese Sandwich 2. Popcorn Chicken w/ Pretzel Rod 3. Turkey Cheese Slider	1. Build-Your-Own Pizza 2. Chicken Patty Sandwich 3. Asian Chicken Salad w/ Pretzel Rod
2 F	30 1. Mini Corn Dogs 2. Chicken Nuggets w/ Pretzel Rod 3. Pizza Salad w/ Pretzel Rod	1. Walking Taco w/ Tostitos 2. Chicken Tenders w/ Pretzel Rod 3. Hot Ham & Cheese Flatbread	Variety of Milk Variety of Fruits Variety of Vegetables	Adults/Visitors \$3.50 Grades K-6 \$2.80 Milk \$0.60 Extra Entrée \$1.80 Cookie \$0.60	

- ~ Want to know what's new on the menu this month? Check out our monthly newsletter for descriptions of new menu items, plus much more!

  Go to morton709.org under the "School Lunch" page.
  - ~ We purchase local foods! Check out our monthly newsletter for more details about the local food items and the farms!