



November Morton Elementary Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Corn Dogs Vegetable of the Day Fruit of the Day	2 Fajita Chicken Quesadilla Vegetable of the Day Fruit of the Day	3 Early Dismissal	4 Savory Salisbury Steak Whole Grain Biscuit Vegetable of the Day Fruit of the Day	5 *BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day
8 Chicken Parmesan Sandwich Vegetable of the Day Fruit of the Day	9 Beef Soft Tacos Vegetable of the Day Fruit of the Day	10 Creamy Mac & Cheese Soft Pretzel Rod Vegetable of the Day Fruit of the Day	11 No School	12 Hot Turkey & Cheese Melt Vegetable of the Day Fruit of the Day
15 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	16 Roasted Turkey w/ Dinner roll, Mashed Potatoes w/Gravy, Cinnamon Baked Apples	17 Maple Pancake Sausage Bites Vegetable of the Day Fruit of the Day	18 Italian Meatball Sub Vegetable of the Day Fruit of the Day	19 "Say Cheese" Toasted Sandwich Vegetable of the Day Fruit of the Day
22 Homemade Beef & Bean Enchilada Vegetable of the Day Fruit of the Day	23 Chicken Tenders & Belgian Waffle Vegetable of the Day Fruit of the Day	24 No School	25 No School	26 No School
29 Jumbo Corn Dog Vegetable of the Day Fruit of the Day	30 Yogurt Fun Brunch Vegetable of the Day Fruit of the Day			

FREE MEALS To All Enrolled Students

Daily Options
Monday-Juicy Cheeseburger
Tuesday-Cheesy Beef Nachos
Wednesday-Crispy Chicken Sandwich
Thursday-Crispy Chicken Nuggets w/ Dinner Roll
Friday-Cheese Pizza

Now Hiring For Food Service Positions
Contact Kristina Klein at 309-284-6320

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Menu changes are occasionally necessary. Notice will be given when possible.
 This institution is an equal opportunity employer.
 *Contains or may contain pork

Included with Every Meal
Fruit and Vegetable/Choice of Milk

Make Choices for a Healthy Lifestyle!

arbor online
arboronline.com

For more information or to "Ask the Dietitian", check out our website!